

BE PREPARED FOR AN EMERGENCY:

Get Involved



GOAL: Make your community stronger by getting trained and getting involved.

CHOOSE ONE OF THESE THINGS TO DO TO BE READY FOR AN EMERGENCY



Visit someone in your neighborhood who doesn't get out very much.

do 1 thing

Help others learn how to get ready for emergencies.



Volunteer with the Red Cross, CERT, or other group in your community.

do 1 thing

DO1THING.COM

THE MISSION OF DO 1 THING IS TO MOVE INDIVIDUALS, FAMILIES, BUSINESSES AND COMMUNITIES TO PREPARE FOR ALL HAZARDS AND BECOME DISASTER RESILIENT



Visit someone in your neighborhood who doesn't get out very much.

1

ISOLATED INDIVIDUALS ARE MORE VULNERABLE



ISOLATED INDIVIDUALS

PEOPLE WHO DON'T GET OUT OF THE HOUSE VERY MUCH MIGHT NEED MORE HELP IN A DISASTER.

2

TAKE TIME TO MEET ISOLATED PEOPLE IN YOUR NEIGHBORHOOD.



INTRODUCE YOURSELF

TAKE TIME TO MEET ISOLATED PEOPLE IN YOUR NEIGHBORHOOD. HELP THEM MAKE AN EMERGENCY PLAN, AND MAKE THEM PART OF YOURS.



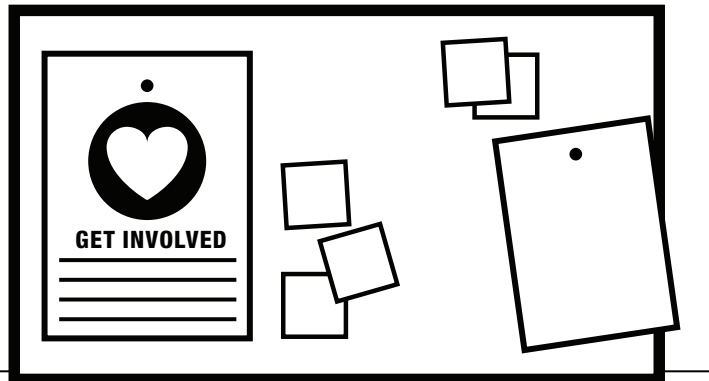
Help others learn how to get ready for emergencies.

1 POST PREPAREDNESS INFORMATION

do1thing

EMERGENCY
INFORMATION

POST DO 1 THING
INFORMATION ON BULLETIN
BOARDS AND IN NEWSLETTERS.

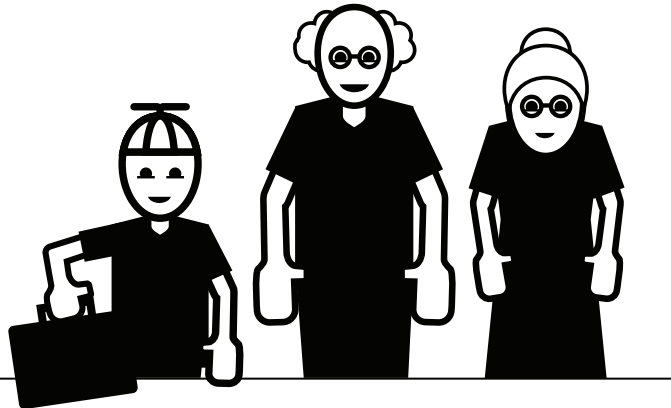


2 MAKE EMERGENCY KITS FOR SENIORS AND CHILDREN



EMERGENCY
KIT

HAVE A GROUP OF PEOPLE MAKE
EMERGENCY KITS FOR SENIORS
AND PEOPLE WITH DISABILITIES.

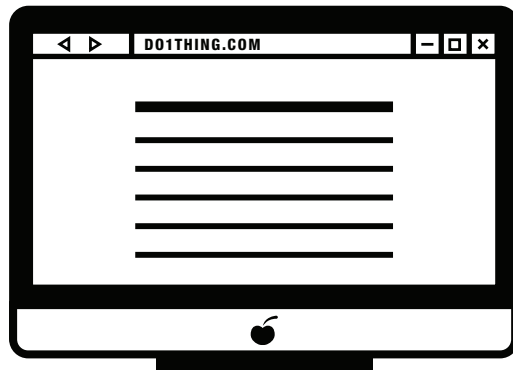


3 LEARN HOW OTHERS ARE PROMOTING PREPAREDNESS



RESEARCH

VISIT DO1THING.COM, THE
RED CROSS, AND READY.GOV
TO LEARN MORE.





Volunteer with the Red Cross, CERT, or other group in your community.

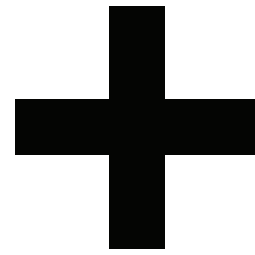
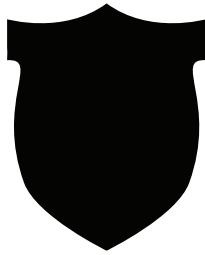
1 SIGN UP TO VOLUNTEER



FIND A PROGRAM

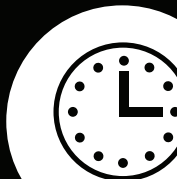
ORGANIZATIONS WILL NOT SEND UNTRAINED VOLUNTEERS TO HELP AFTER A DISASTER.

IF YOU WANT HELP IN AN EMERGENCY, VOLUNTEER NOW.



CERT

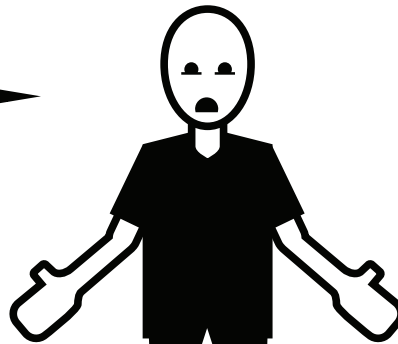
2 VOLUNTEER NOW



DON'T WAIT

ORGANIZATIONS WILL NOT SEND UNTRAINED VOLUNTEERS TO HELP AFTER A DISASTER.

IF YOU WANT HELP IN AN EMERGENCY, VOLUNTEER NOW.



NOT TRAINED

CANNOT HELP AFTER A DISASTER.



TRAINED

READY TO HELP AFTER A DISASTER.